

September 2023

## **A Lifesaving Checkup**

How the Well-being Incentive Program changed one employee's life. »



Adventure is Out There Fall is Here!

An employee takes to the trails exploring local and national parks every weekend. »



College football, pumpkin picking and cider drinking. There's something for everyone to enjoy this autumn. »



Do You Know Your Flu Facts?

Protect yourself, your loved ones, and your community with a free flu shot. »



**WEBINAR SPOTLIGHT** 

Sept. 14 • Noon ET The Art of Patience Register Now »

Sept. 20 • Noon and 3 p.m. ET **Planning for Healthcare Costs and Coverage in Retirement** Register Now »

Full list of webinars to support your financial, physical, social and emotional well-being »

## **Special** Announcements



Share your feedback! Participate in the annual Northrop Grumman Employee Experience Survey between Sept. 6-20. Learn more.

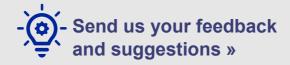


Join the fight against cancer by starting, joining, or donating to a Northrop Grumman American Cancer Society Walk team. All donations to these teams will be matched. Learn more.

## **DID YOU KNOW?**

Your personalized Total Rewards Statement shows the complete value of your overall compensation and benefits package from Northrop Grumman.

Access it at any time through the **Total Rewards Gateway**.



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Stay Healthy, Live Well and Thrive at Northrop Grumman